



MALAYSIAN MENTAL HEALTH AT A GLANCE 2016

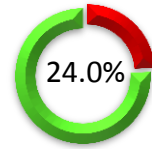
MALAYSIAN MENTAL HEALTH STATUS



12.1% children 5-15 years live with mental health problem¹



29.2% of Malaysian adults live with mental health problem¹



24.0% of adult ≥60 years live with mental health problem¹

RESILIENT MENTAL HEALTH SYSTEM



Psychiatrist density
0.5/100,000
population
(2015)²



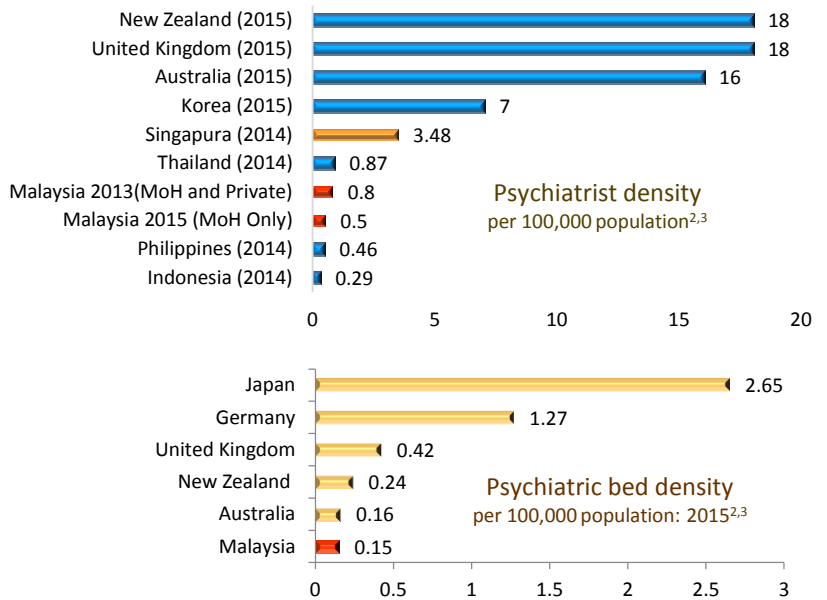
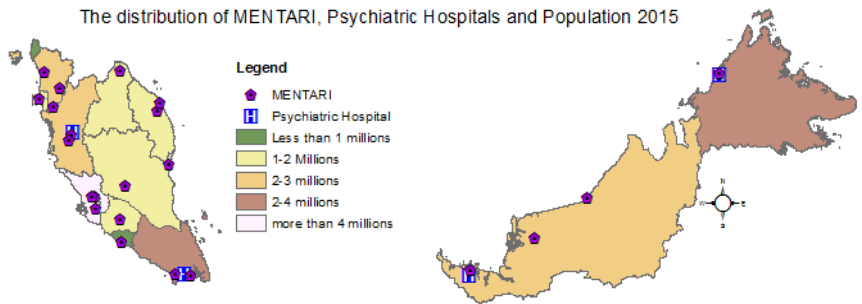
Psychologist
0.21/100,000
population
(2015)²



Total psychiatric
clinical
workforce
6.4/100,000
population
(2015)²



Psychiatric
bed density
15.2/100,000
population
(2015)²



CONSEQUENCES



Drug addiction
26,668 people
age ≥ 13 y.o
(2015)⁴



Current alcohol
drinker (≥ 8 y.o)
8.4% (2015)¹

IMPACT

Contribute to 30%
of disability among
aged 10-44 y.o⁵



USD 10.6 billion
lost (2010)⁵



6.8% of adolescent
aged 13-17 had
suicidal attempt¹



POLICY FOCUS

- Enhancing mental health promotion and prevention
- Human resource development e.g psychiatrist, psychologist
- Funding for community-based mental health services e.g MENTARI