

MALYSIAN HEALTH AT A GLANCE 2016/17

EFFECTIVE HEALTH SYSTEMS

LIFE EXPECTANCY AT BIRTH¹ (2016)

72.2
(2000)

74.7
(2016)



72.5



77.2

Lowest: 68.8
(Terengganu)
Highest: 74.7
(Sarawak)

Lowest: 74.5
(Terengganu)
Highest: 78.4
(Sarawak, KL & Putrajaya)

RISK FACTORS² (2015)



22.8% Malaysian are smokers



66.5% Malaysian are physically active



17.7% Adults are Obese



11.2% had adequate vegetable intake



17.5% had Diabetes Mellitus



30.3% had Hypertension

TOP 5 PRINCIPAL CAUSES OF DEATH- ALL AGES¹ (2016)

13.2% Ischaemic Heart Disease

12.5% Pneumonia

6.9% Cerebrovascular Disease

5.4% Transport Accidents

2.2% Malignant Neoplasm of Trachea, Bronchus & Lung

TOP 5 CAUSES OF PREMATURE DEATHS - AGED <70 YEARS¹ (2016)

13.2% Ischaemic Heart Disease

9.1% Pneumonia

7.4% Transport Accidents

6.0% Cerebrovascular Disease

2.1% Malignant Neoplasm of Trachea, Bronchus & Lung

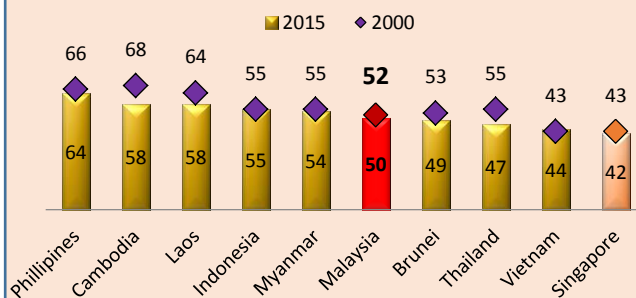
POLICY FOCUS

Reduce Premature Deaths

Reduce Tobacco Use and Tackle Obesity

Improve Quality of Acute and Chronic Care

PREMATURE DEATHS DUE TO NCDs⁶ (%)



ACCESSIBLE HEALTH SYSTEMS

OUT-OF-POCKET HEALTH EXPENDITURE²

2011
RM397.74
per capita*

2015
RM606.92
per capita*

Health spending that is paid directly out-of-pocket (OOP) by patients is increasing *per person

POLICY FOCUS

Transformation of Healthcare Financing to achieve Universal Health Coverage

RESILIENT HEALTH SYSTEMS

AVERAGE STAY IN HOSPITAL⁴ (2016)

4.44 days in 2006

4.07 Days



HEALTHCARE RESOURCES⁴ (2016) (PER 1,000 POPULATION)



1.58
Doctors Per Capita



3.24
Nurses Per Capita



1.44 Hospital Beds Per Capita

POLICY FOCUS

Improve Organisation Structure of Healthcare Services

Improve Efficiency in Hospital Use

HEALTH EXPENDITURE⁵ (2014)



Malaysia:
RM49,731 Million
(4.49% of GDP)

Highest (Selangor) : RM8494 Million

Lowest (WP Labuan): RM149 Million

Sources:

1. Department of Statistics Malaysia
2. National Health Morbidity Survey
3. Malaysian Health System Research

4. Health Indicators, Health Informatics Centre
5. Expenditure Report 1997-2014, Malaysia National Health Accounts
6. WHO, Global Health Observatory Data Repository

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