

## First Aid for Choking

Shout for help someone to call 999



Check for any foreign bodies in the mouth



Tap the child's back vigorously



Give abdominal thrusts



Re-assess for any foreign bodies in the mouth. If present, try and remove it without blind sweeping



Get medical attention as soon as possible

## Bantuan kecemasan Tersedak

Jerit dapatkan bantuan dail 999



Periksa sekiranya terdapat bendasing di dalam mulut



Lakukan tepukan di belakang badan kanak-kanak



Lakukan teras abdomen



Periksa semula sekiranya terdapat bendasing didalam mulut dan cuba keluarkan



Dapatkan bantuan kecemasan segera

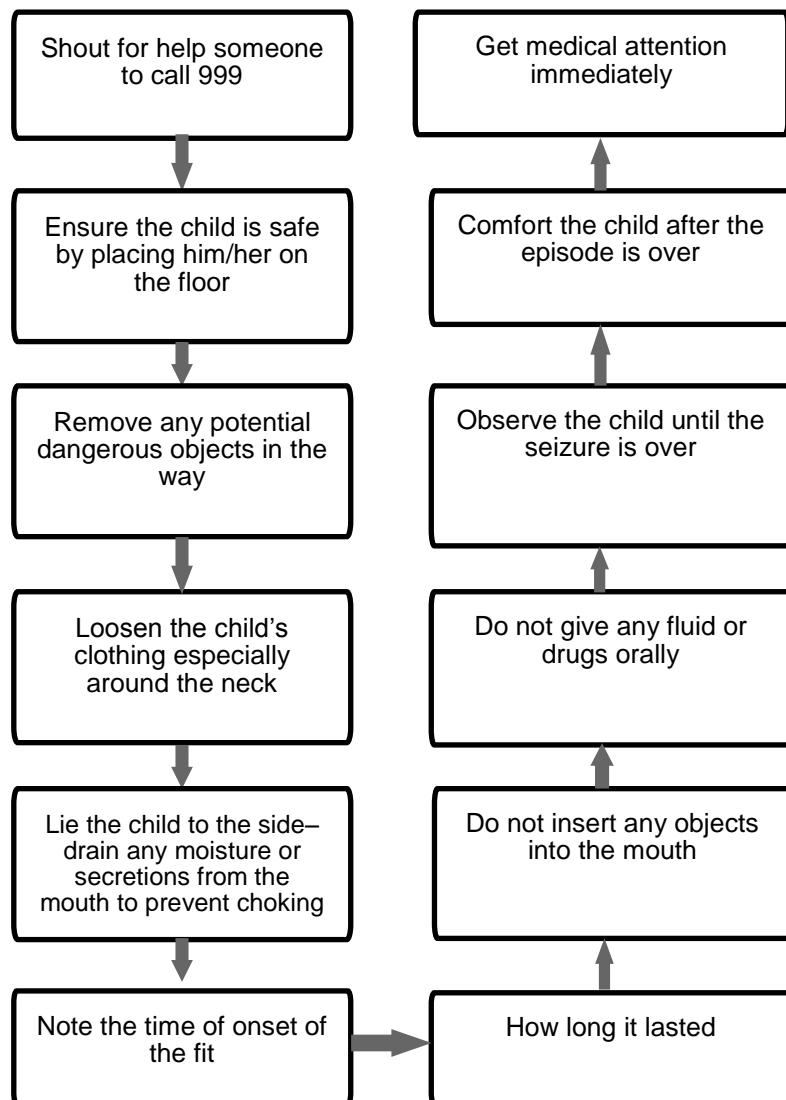
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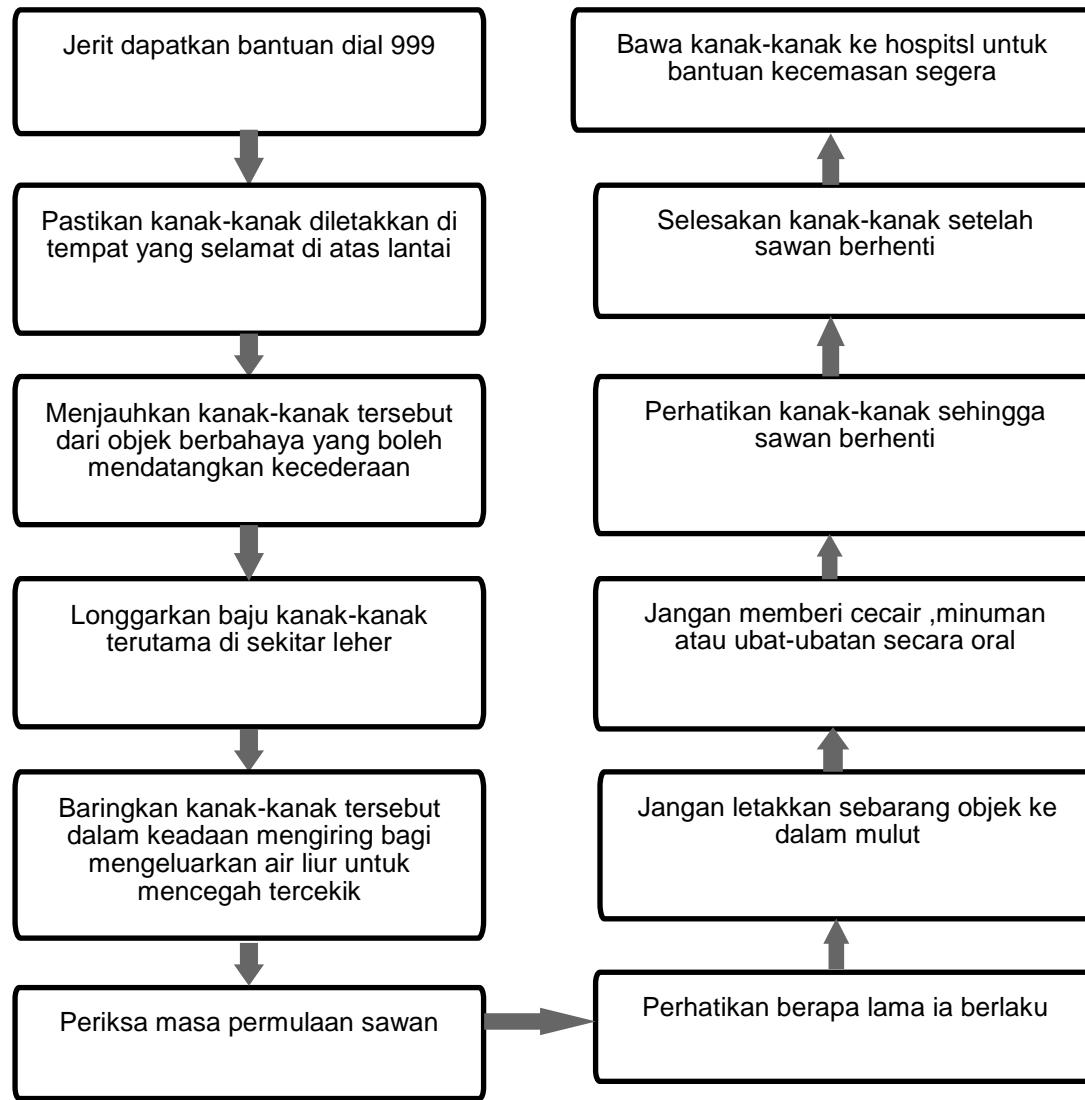
Jabatan Pediatrik, Hospital Raja Permaisuri Bainun, Ipoh

Adapted from: British Red Cross Society. (2014). *Baby and Child First Aid: Fast First Aid Tips*. Available: <http://www.redcross.org.uk/en/What-we-do/First-aid/Baby-and-Child-First-Aid/Fast-first-aid-tips>. Last accessed 24th of October 2014

## First Aid for Seizures



## Bantuan Kecemasan Sawan



Property of:

## First Aid for Poisoning

Shout for help someone to call 999

Wear appropriate gloves

Open the child's mouth and evacuate any poison

Remove the drenched clothing

Wash the insecticide off the child

Wrap the child in a warm blanket

Get medical attention immediately

Take the insecticide bottle along to show medical personnel

## Bantuan Kecemasan Keracunan

Jerit dapatkan bantuan dial 999

Pakai sarung tangan getah yang sesuai

Buka mulut kanak-kanak dan keluarkan sebarang racun

Tanggalkan pakaian basah kanak-kanak

Basuhkan racun serangga yang membasahi kanak-kanak

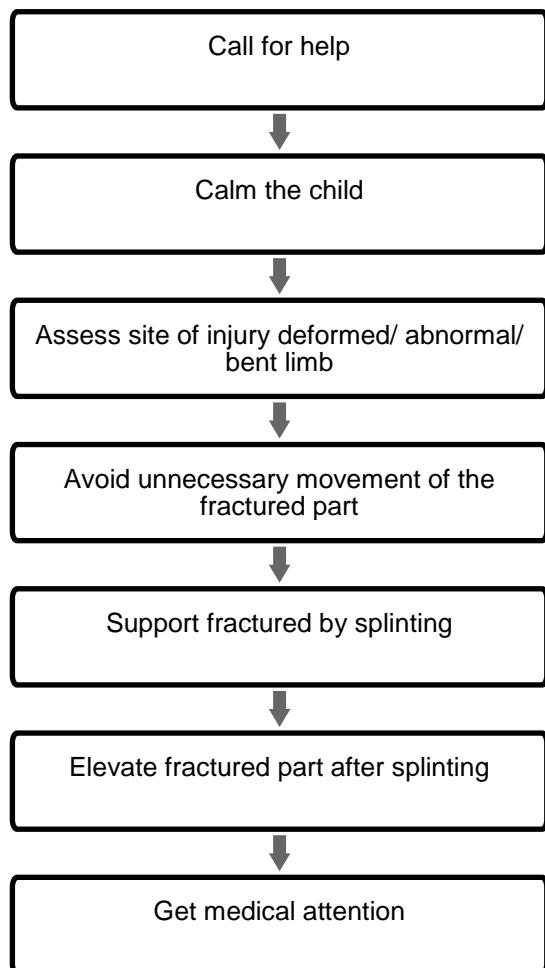
Balutkan kanak-kanak dalam selimut tebal

Dapatkan rawatan perubatan dengan serta-merta

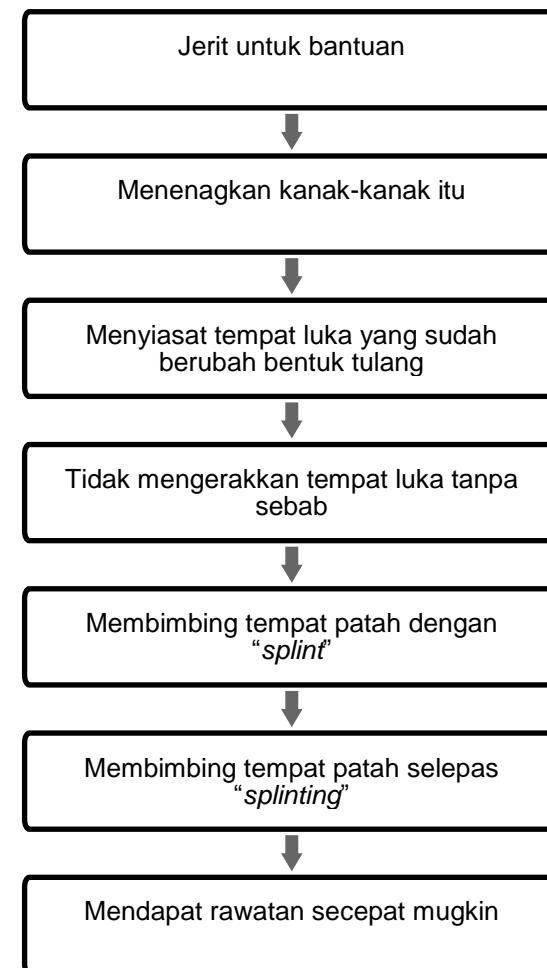
Bawa botol racun untuk ditunjuk kepada ahli perubatan

Property of:

## First Aid for Fracture



## Bantuan Kecemasan Patah Tulang

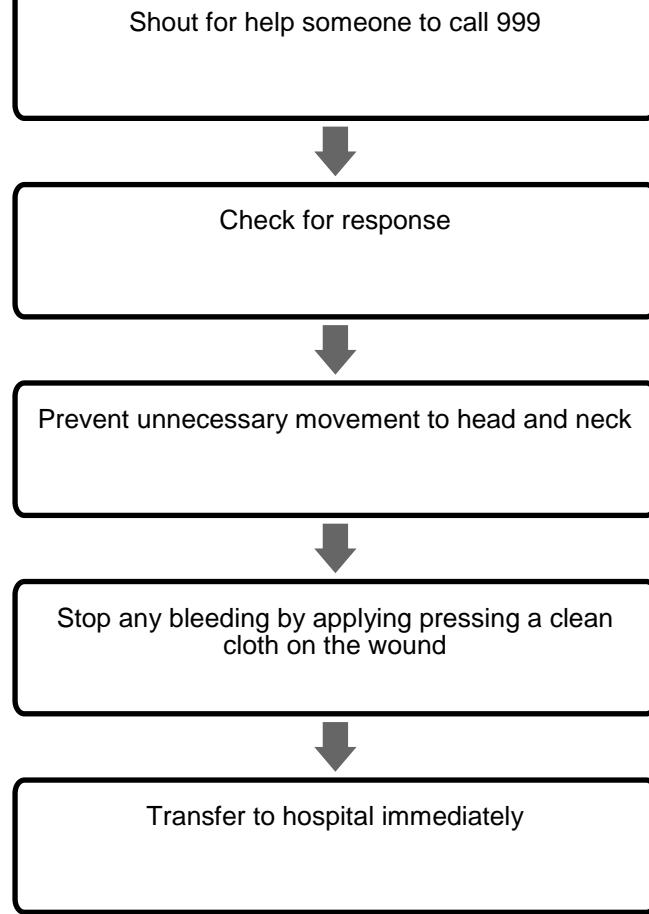


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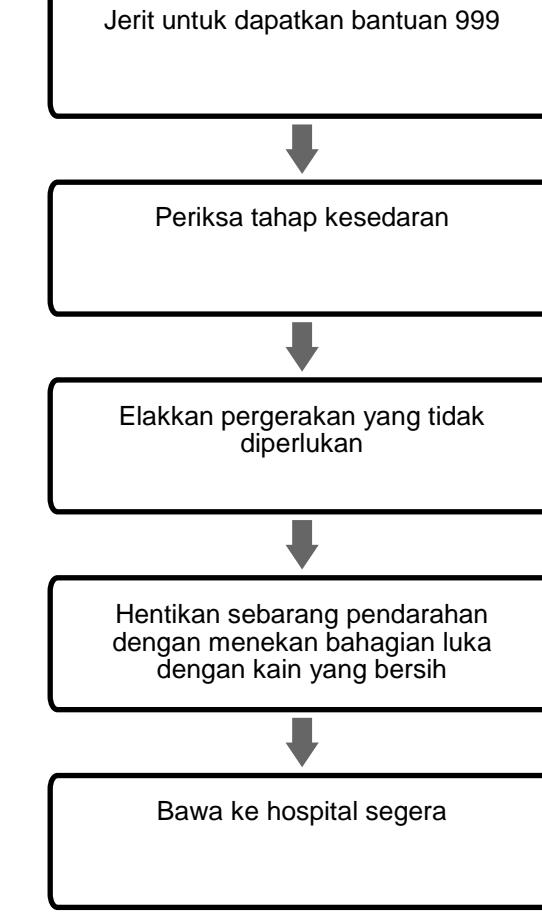


Adapted from: British Red Cross Society. (2014). *Baby and Child First Aid: Fast First Aid Tips*. Available: <http://www.redcross.org.uk/en/What-we-do/First-aid/Baby-and-Child-First-Aid/Fast-first-aid-tips>. Last accessed 24th of October 2014

## First Aid for Head Injury



## Bantuan kecemasan Kecederaan Kepala



Property of:

## First Aid for Drowning

Shout for help someone to call 999



Take the child out from the water



Check for response



Open the airway and tilt the chin up



Check for any foreign bodies in the mouth



Lie the child to the side



Get medical attention as soon as possible

## Bantuan Kecemasan Lemas

Jerit untuk dapatkan bantuan 999



Keluarkan kanak-kanak itu dari air



Semak untuk kesedaran



Membuka rongga pernafasan dan mengalihkan dagu dengan "chin lift"



Semak mulut untuk sebarang bendasing



Baringkan kanak-kanak itu dalam posisi mengiring



Dapat rawatan perubatan secepat semungkin

Property of:



Adapted from: British Red Cross Society. (2014). *Baby and Child First Aid: Fast First Aid Tips*. Available: <http://www.redcross.org.uk/en/What-we-do/First-aid/Baby-and-Child-First-Aid/Fast-first-aid-tips>. Last accessed 24th of October 2014